Be Prepared!

Wisconsin Winter Weather

Avoid Overexertion:

Use caution when shoveling heavy snow, pushing a car, or walking in deep snow. The strain from the cold and hard labor may cause a heart attack. Sweating could lead to chills and hypothermia.

At Home and At Work...Have Available:

- * Flashlight and extra batteries
- Battery-powered NOAA Weather Radio and commercial radio
- * Extra food and water. High energy food that requires no cooking is best
- * First aid supplies
- * Emergency heating source, such as a fireplace or a space heater with proper ventilation

In Cars and Trucks:

- * Check and winterize your vehicle before the winter season begins
- * Carry a winter storm survival kit that includes: blankets/sleeping bags, extra clothing to keep dry, sand of cat litter, shovel, windshield scraper and brush, to kit, and booster cables
- * Keep you gas tank near full to avoid ice in the tank and fuel lines

For further safety information, contact your county emergency management office or Wisconsin Emergency Management at (608) 242-3232.

Wisconsin's Winter Awareness Week is coordinated by the National Weather Service, Wisconsin Emergency Management, and local emergency management offices.